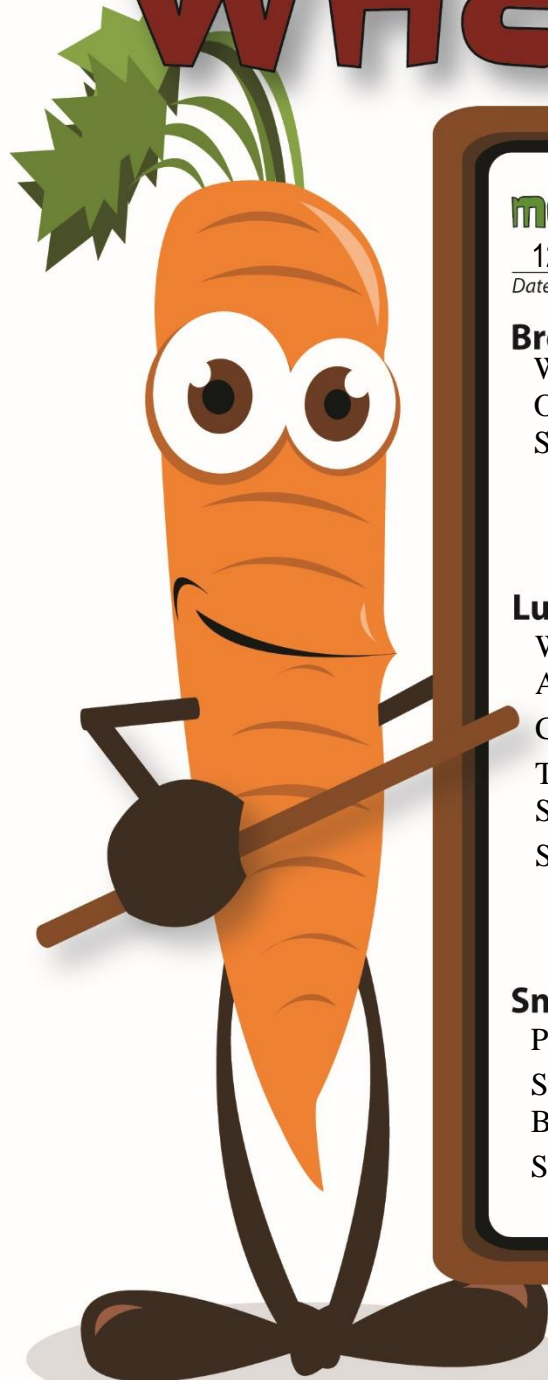


WHAT'S TO EAT THIS WEEK?



MONDAY

12-2-24
Date

Breakfast
WG Chex Cereal
Oranges
Skim Milk

Lunch
WG Chicken
Alfredo Pizza
Carrots
Tropical Fruit
Salad
Skim Milk

Snack
Pretzels
Sunflower
Butter
Skim Milk

TUESDAY

12-3-24
Date

Breakfast
WG Oatmeal
Raisins
Skim Milk

Lunch
Taco Meat
Shredded
Cheddar
Corn
Tortilla Chips
Banana
Skim Milk

Snack
Vanilla Yogurt
Apple Slices
Water

WEDNESDAY

12-4-24
Date

Breakfast
Biscuits & Gravy
Bananas
Skim Milk

Lunch
Beef Vegetable
Soup W/lean
Beef
Carrots
Oyster Crackers
Clementines
Skim Milk

Snack
String Cheese
Dill Pickles
WG Crackers
Water

THURSDAY

12-5-24
Date

Breakfast
Eggs
Whole Wheat
Toast 100% OJ
Skim Milk

Lunch
Sloppy Joe
Slider
Mashed
Potatoes
Pineapple Rings
Skim Milk

Snack
Bagel
Strawberry
Cream Cheese
Skim Milk

FRIDAY

12-6-24
Date

Breakfast
WG Pancakes
Applesauce
Skim Milk

Lunch
Turkey & Swiss
Cheese on WG
Bread
Broccoli
Ranch Dip
Mixed Fruit
Skim Milk

Snack
Goldfish
Grahams
Bananas
Water



