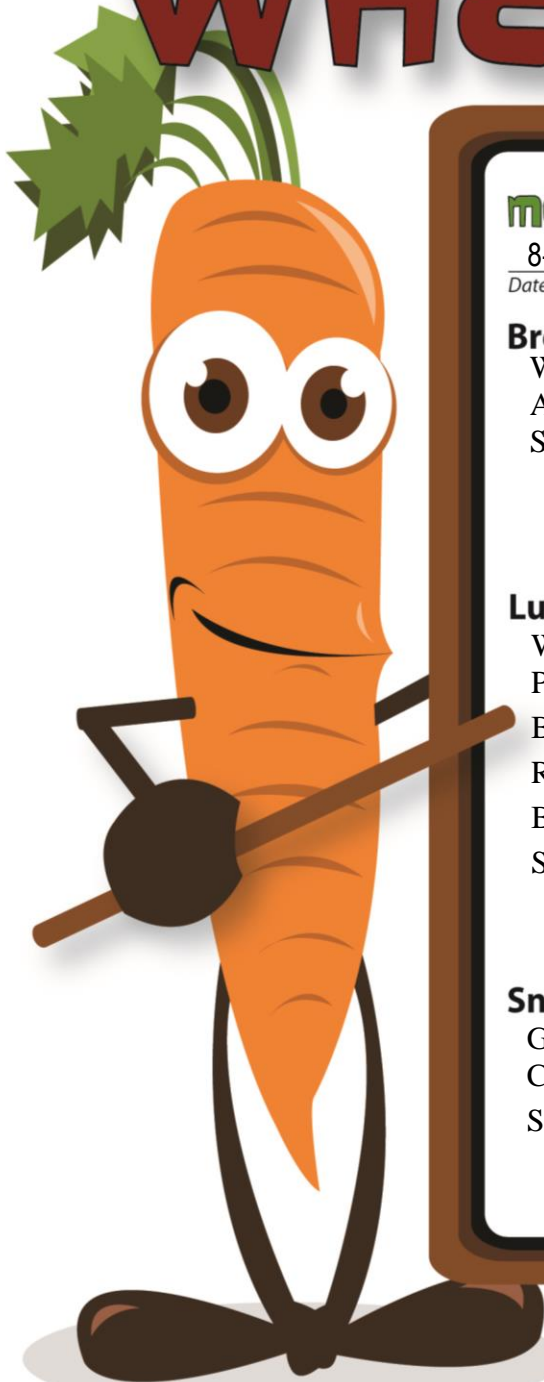


# WHAT'S TO EAT THIS WEEK?



## MONDAY

8-12-24  
*Date*

**Breakfast**  
WG Pancakes  
Applesauce  
Skim Milk

**Lunch**  
WG Pepperoni  
Pizza  
Baby Carrots  
Ranch Dip  
Bananas  
Skim Milk

**Snack**  
Graham  
Crackers  
Skim Milk

## TUESDAY

8-13-24  
*Date*

**Breakfast**  
WG Raisin Bran  
100% OJ  
Skim Milk

**Lunch**  
Chicken Patty  
Green Beans  
Tropical Fruit  
Salad  
Skim Milk

**Snack**  
String Cheese  
Pretzels  
Water

## WEDNESDAY

8-14-24  
*Date*

**Breakfast**  
WG Bagels  
Mixed Fruit  
Skim Milk

**Lunch**  
WG Macaroni  
& Cheese  
Peas  
Peaches  
Skim Milk

**Snack**  
Trail Mix  
WG Cheerios  
Dried Fruit  
Water

## THURSDAY

8-15-24  
*Date*

**Breakfast**  
Eggs  
Whole Wheat  
Toast  
Oranges  
Skim Milk

**Lunch**  
Taco  
Meat/Nachos  
Shredded  
Cheese  
Tortilla Chips  
Apple Slices  
Corn  
Skim Milk

**Snack**  
WG SunChips  
Skim Milk

## FRIDAY

8-16-24  
*Date*

**Breakfast**  
Biscuits & Gravy  
Peaches  
Skim Milk

**Lunch**  
Turkey Wrap  
Mixed  
Vegetables  
Mixed Fruit  
Wheat Crackers  
Skim Milk

**Snack**  
Granola Bar  
Oranges  
Water



