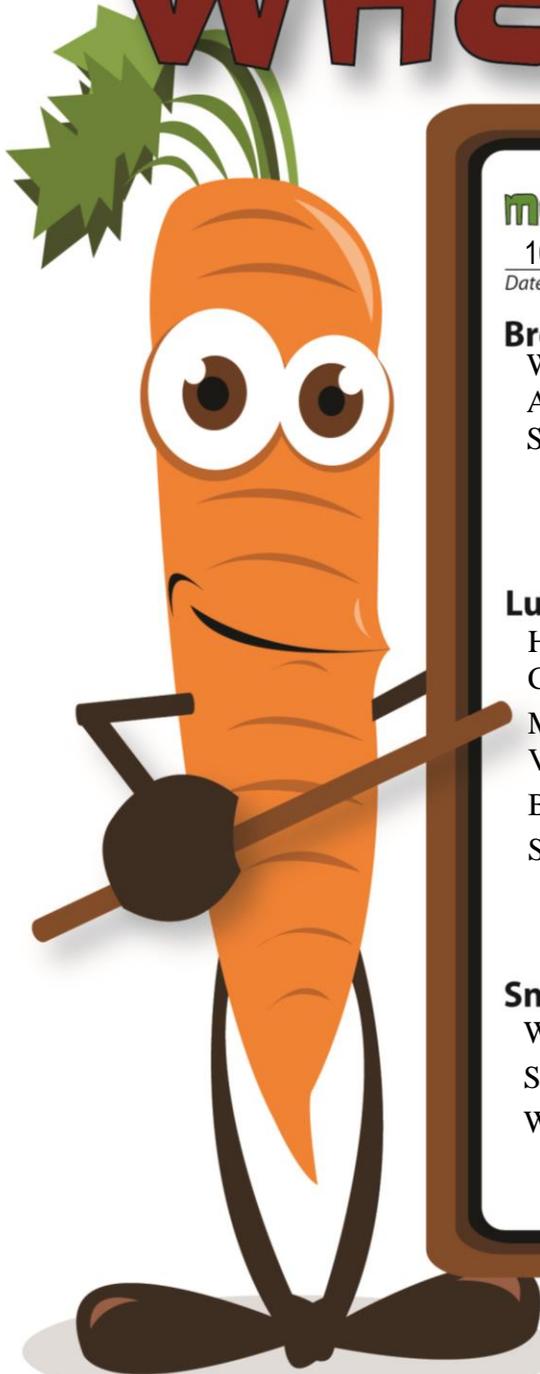


WHAT'S TO EAT THIS WEEK?



MONDAY

10-28-24
Date

Breakfast
WG Cheerios
Apples
Skim Milk

Lunch
Hot Ham & Cheese
Mixed Vegetables
Banana
Skim Milk

Snack
Wheat Crackers
String Cheese
Water

TUESDAY

10-29-24
Date

Breakfast
WG Bagel
Cream Cheese
Bananas
Skim Milk

Lunch
WG Chicken Alfredo
Carrots
Peaches
Skim Milk

Snack
Yogurt
Graham Crackers
Water

WEDNESDAY

10-30-24
Date

Breakfast
Biscuits & Gravy
Peaches
Skim Milk

Lunch
Vegetable Soup W/Shredded Pork
Oyster Crackers
Clementines
Skim Milk

Snack
WG Rice Cakes
Skim Milk

THURSDAY

10-31-24
Date

Breakfast
Eggs
Whole Wheat Toast
Oranges
Skim Milk

Lunch
Ghost Pizza
Green Beans
Banana
Skim Milk

Snack
Halloween Trail Mix
Skim Milk

FRIDAY

11-1-24
Date

Breakfast
French Toast Stix
Applesauce
Skim Milk

Lunch
Chicken Patty
WG Bread
Peas
Mixed Fruit
Skim Milk

Snack
Cheez Its
Apples
Skim Milk



