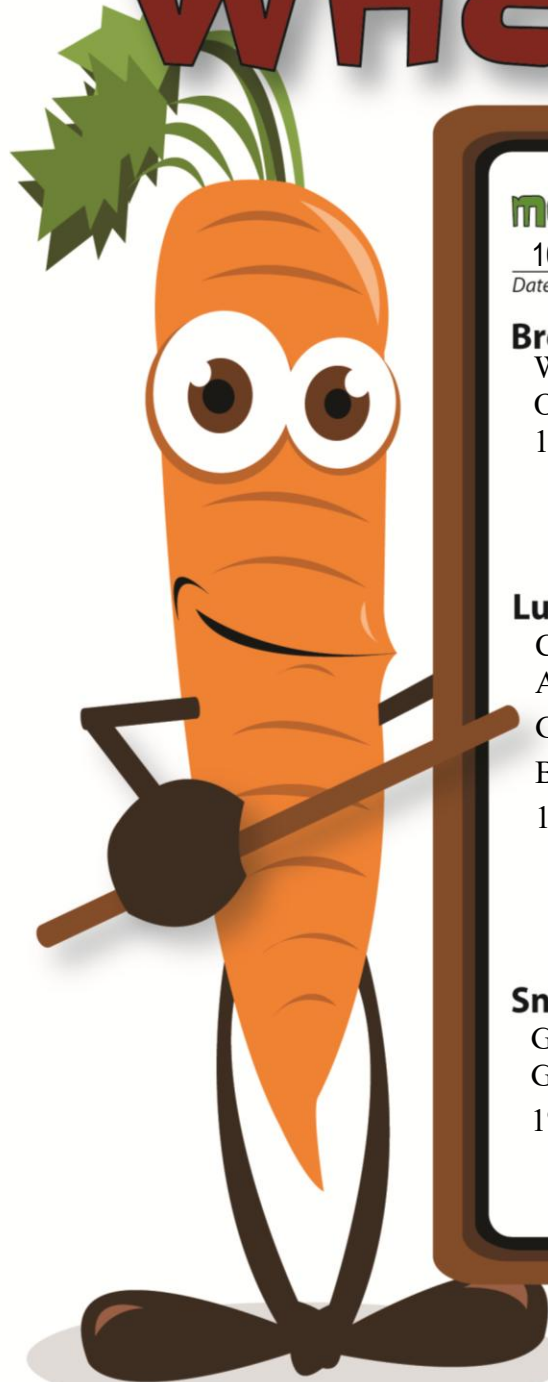


WHAT'S TO EAT THIS WEEK?



MONDAY

10-5-26

Date

Breakfast

WG Cheerios
Oranges
1% Milk

Lunch

Chicken
Alfredo Penne
Green Beans
Bananas
1% Milk

Snack

Goldfish
Grahams
1% Milk

TUESDAY

10-6-26

Date

Breakfast

WG Oatmeal
Raisins
1% Milk

Lunch

Meatballs
Cooked Carrots
Whole Wheat
Bread
Pears
1% Milk

Snack

Yogurt
Animal
Crackers
Water

WEDNESDAY

10-7-26

Date

Breakfast

French Toast Stix
Applesauce
1% Milk

Lunch

Spanish Rice
W/GB
Peas
Peaches
1% Milk

Snack

Dill Pickles
Wheat Crackers
Water

THURSDAY

10-8-26

Date

Breakfast

WG Bagels
Cream Cheese
Orange Slices
1% Milk

Lunch

Taco Meat
Tortilla Chips
Shredded
Cheddar
Corn
Bananas
1% Milk

Snack

Pepperoni
String Cheese
Wheat Crackers
Water

FRIDAY

10-9-26

Date

Breakfast

Biscuits & Gravy
Peaches
1% Milk

Lunch

Chicken Patty
Whole Wheat
Bread
Mixed
Vegetables
Apples
1% Milk

Snack

Granola Bar
Craisins
1% Milk



