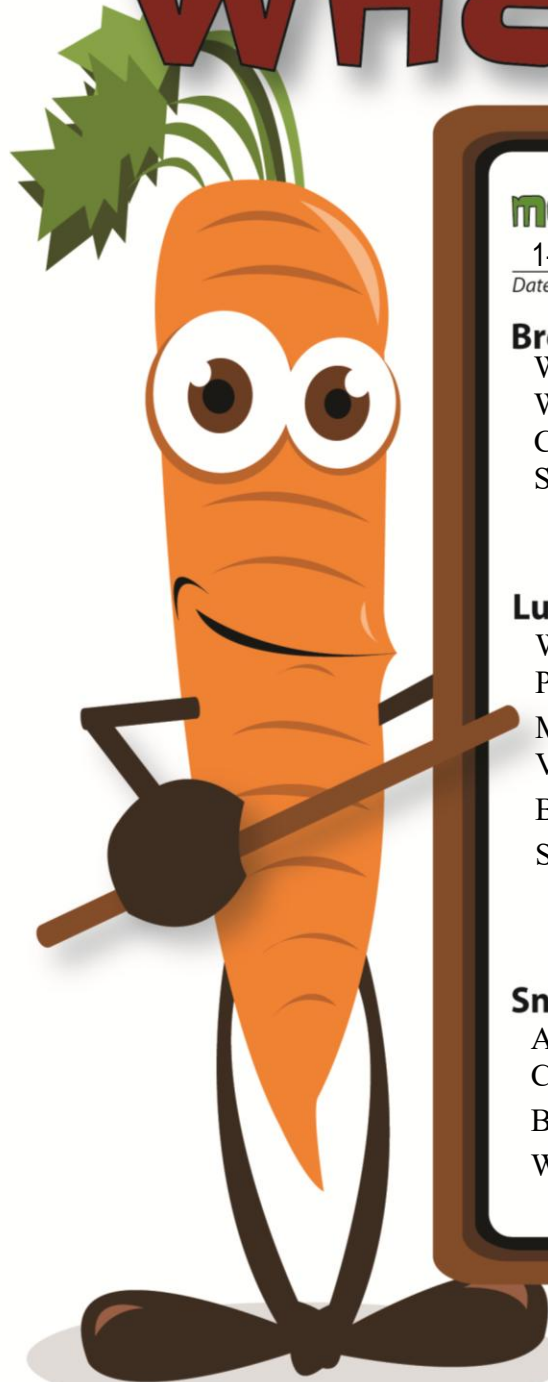


WHAT'S TO EAT THIS WEEK?



MONDAY

1-12-26

Date

Breakfast

WG Frosted Mini
Wheats
Clementines
Skim Milk

Lunch

WG Cheese
Pizza
Mixed
Vegetables
Bananas
Skim Milk

Snack

Animal
Crackers
Banana Chips
Water

TUESDAY

1-13-26

Date

Breakfast

WG Bagel W/
Cream Cheese
Apples
Skim Milk

Lunch

Mexican Pizza
W/Refried
Beans
Carrots
Oranges
Skim Milk

Snack

Granola Bar
Craisins
Skim Milk

WEDNESDAY

1-14-26

Date

Breakfast

Pancakes
Cinnamon
Applesauce
Skim Milk

Lunch

WG Grilled
Cheese
Tomato Soup
Tropical Fruit
Salad
Skim Milk

Snack

Blueberry
Rounds
Skim Milk

THURSDAY

1-15-26

Date

Breakfast

Eggs
Whole Wheat
Toast
Oranges
Skim Milk

Lunch

Baked Ham
Green Beans
Pears
Roll
Skim Milk

Snack

Dill Pickles
Cheez Its
Skim Milk

FRIDAY

1-16-26

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Taco Soup
W/GB
Tomatoes
Corn
Mixed Fruit
Skim Milk

Snack

String Cheese
Wheat Crackers
Water



