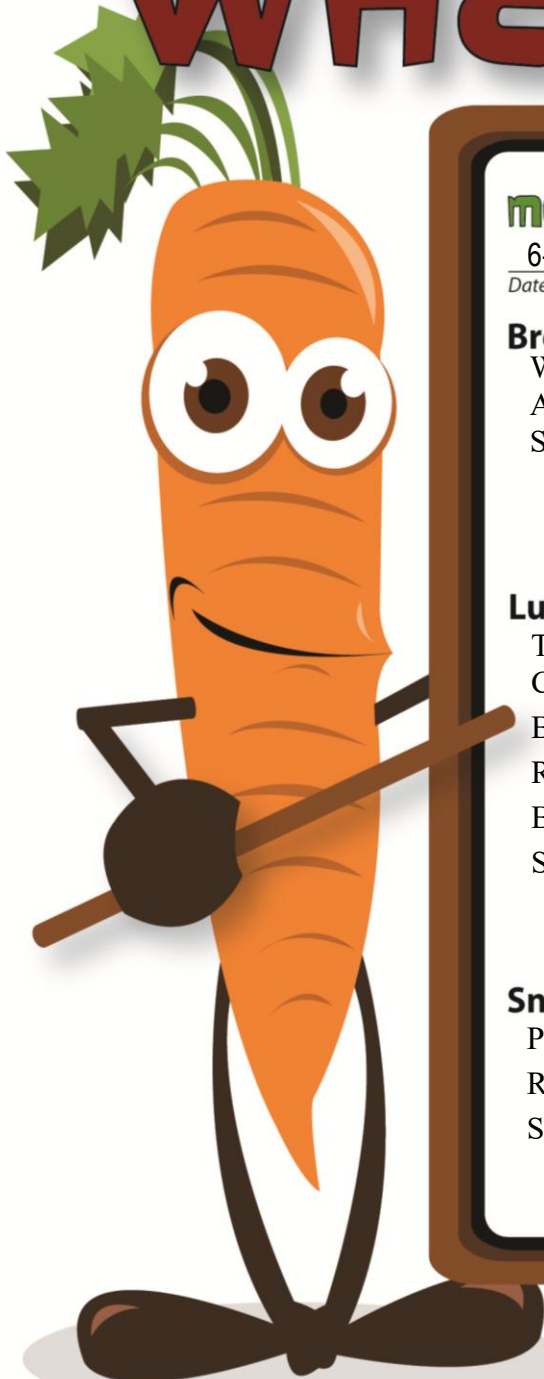


# WHAT'S TO EAT THIS WEEK?



## MONDAY

6-8-26  
*Date*

**Breakfast**  
WG Kix Cereal  
Apple Slices  
Skim Milk

**Lunch**  
Turkey and  
Cheese Tortilla  
Baby Carrots  
Ranch Dip  
Banana  
Skim Milk

**Snack**  
Popcorn  
Raisins  
Skim Milk

## TUESDAY

6-9-26  
*Date*

**Breakfast**  
Biscuits & Gravy  
Peaches  
Skim Milk

**Lunch**  
WG Chicken  
Alfredo Pizza  
Peas  
Peaches  
Skim Milk

**Snack**  
Yogurt  
Apples  
Water

## WEDNESDAY

6-10-26  
*Date*

**Breakfast**  
WG Bagels  
Cream Cheese  
Raisins  
Skim Milk

**Lunch**  
Taco Spaghetti  
W/GB  
Corn  
Tropical Fruit  
Salad  
Skim Milk

**Snack**  
String Cheese  
Wheat Crackers  
Water

## THURSDAY

6-11-26  
*Date*

**Breakfast**  
Eggs  
Whole Wheat  
Toast  
Orange Juice  
Skim Milk

**Lunch**  
Beef & Bean  
Burrito, W/WG  
Rice  
Green Beans  
Pears  
Skim Milk

**Snack**  
Trail Mix  
Dried Fruit  
Skim Milk

## FRIDAY

6-12-26  
*Date*

**Breakfast**  
WG Oatmeal  
Raisins  
Skim Milk

**Lunch**  
Chicken  
Nuggets  
Whole Wheat  
Bread  
Mixed  
Vegetables  
Oranges  
Skim Milk

**Snack**  
Blueberry  
Rounds  
Skim Milk



