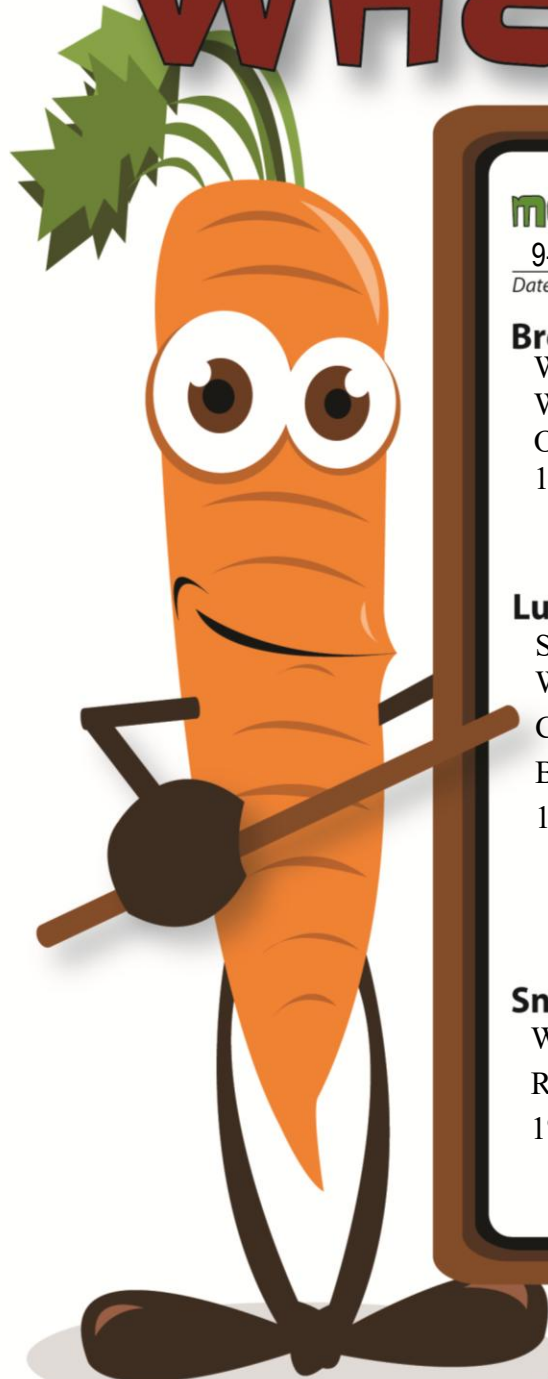


WHAT'S TO EAT THIS WEEK?



MONDAY

9-14-26

Date

Breakfast

WG Bagel
W/Cream Cheese
Oranges
1% Milk

Lunch

Spanish Rice
W/GB
Corn
Bananas
1% Milk

Snack

WG Sun Chips
Raisins
1% Milk

TUESDAY

9-15-26

Date

Breakfast

WG Cheerios
Apple Slices
1% Milk

Lunch

WG Skillet 57
W/GB
Corn
Tropical Fruit
Salad
1% Milk

Snack

Yogurt
Goldfish
Grahams
Water

WEDNESDAY

9-16-26

Date

Breakfast

Biscuits & Gravy
Peaches
1% Milk

Lunch

Whole Wheat
Grilled Cheese
Sandwich
Tomato Soup
Bananas
1% Milk

Snack

Granola Bar
Craisins
1% Milk

THURSDAY

9-17-26

Date

Breakfast

Eggs
Whole Wheat
Toast
100% OJ
1% Milk

Lunch

Chicken
Spaghetti
Peas
Pineapple
Tidbits
1% Milk

Snack

Applesauce
Pretzels
Water

FRIDAY

9-18-26

Date

Breakfast

Blueberry
Muffins
Oranges
1% Milk

Lunch

Chicken Noodle
Soup
Carrots
Apple Slices
Oyster Crackers
1% Milk

Snack

String Cheese
Wheat Thins
Water



