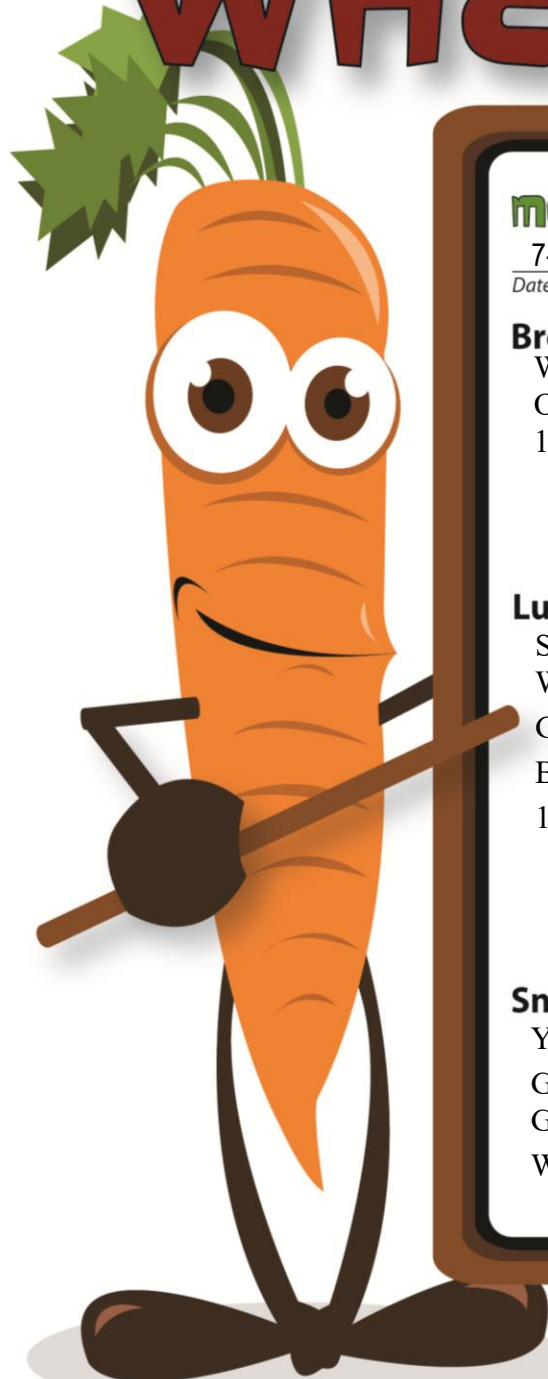


WHAT'S TO EAT THIS WEEK?



MONDAY

7-20-26

Date

Breakfast

WG Kix Cereal
Orange Slices
1% Milk

Lunch

Spanish Rice
W/GB
Green Beans
Bananas
1% Milk

Snack

Yogurt
Goldfish
Grahams
Water

TUESDAY

7-21-26

Date

Breakfast

Biscuits & Gravy
Peaches
1% Milk

Lunch

WG Macaroni
& Cheese
W/Ham
Peas
Tropical Fruit
Salad
1% Milk

Snack

Trail Mix
W/WG Cereal
Dried Fruit
1% Milk

WEDNESDAY

7-22-26

Date

Breakfast

WG Waffles
Applesauce
1% Milk

Lunch

Taco Spaghetti
W/GB
Corn
Pears
1% Milk

Snack

String Cheese
Orange Slices
Water

THURSDAY

7-23-26

Date

Breakfast

Egg & Cheese
Biscuit
100%OJ
1% Milk

Lunch

WG Pepperoni
Pizza
Baby Carrots
Ranch Dip
Orange Slices
1% Milk

Snack

Pretzels
Cucumbers
1% Milk

FRIDAY

7-24-26

Date

Breakfast

WG Cheerios
Applesauce
1% Milk

Lunch

Chicken Patty
Whole Wheat
Bread
Mixed
Vegetables
Tropical Fruit
Salad
1% Milk

Snack

WG Sun Chips
Banana
Water



