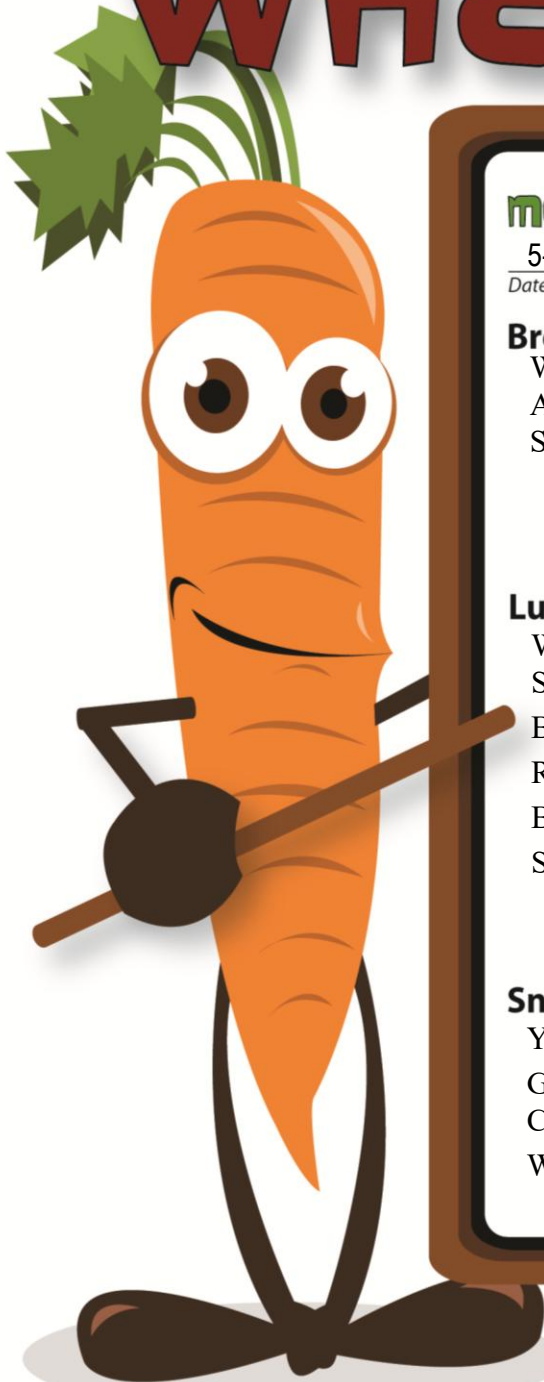


WHAT'S TO EAT THIS WEEK?



MONDAY

5-18-26
Date

Breakfast

WG Cheerios
Apples
Skim Milk

Lunch

WG Ham
Sandwich
Baby Carrots
Ranch Dip
Bananas
Skim Milk

Snack

Yogurt
Graham
Crackers
Water

TUESDAY

5-19-26
Date

Breakfast

WG Cinnamon
Toast
Tropical Fruit
Salad
Skim Milk

Lunch

Spaghetti
W/GB
Corn
Pears
Skim Milk

Snack

Pretzels
Skim Milk

WEDNESDAY

5-20-26
Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Pepperoni
Pizza
Mixed
Vegetables
Apples
Skim Milk

Snack

String Cheese
Triscuits
Water

THURSDAY

5-21-26
Date

Breakfast

WG Bagel
Cream Cheese
Oranges
Skim Milk

Lunch

Spanish Rice
W/GB
Mixed
Vegetables
Pineapple
Tidbits
Skim Milk

Snack

Banana
Skim Milk

FRIDAY

5-22-26
Date

Breakfast

WG Pancakes
Applesauce
Skim Milk

Lunch

Chicken
Nuggets
Whole Wheat
Bread
Green Beans
Mixed Fruit
Skim Milk

Snack

Granola Bar
Raisins
Skim Milk



